

# Your Guide To Shropshire Regional Community

YOUR REGIONAL COMMUNITY SITES		
Food	Bicton Heath, Wem, Church Stretton, Radbrook Green, Copthorne, Highley, Shrewsbury Sutton, Heath Farm, Shawbury	
Post Offices	Shrewsbury Sutton, Copthorne, Radbrook, Wem	
Travel	N/A	
Childcare	N/A	
Support Services	N/A	

# YOUR COMMUNITY PARTNERS

Current Fundraising Partner	The Shrewsbury Ark provides ongoing support and Day Centre facilities for the homeless and vulnerable in the community.  The Day Centre is in the heart of Shrewsbury and offers basic living facilities to their clients, such as a hot shower, laundry, internet, phone charging and hot meals and drinks. In house partner services are also provided such as GP/nurse/podiatrist check-ups, Hep C Clinic, housing advice, hairdressing, counselling, mental health support.
Contact	gerry@shrewsburyark.co.uk
Find out more	www.shrewsburyark.co.uk
Legacy Partners	Shropshire Telford & Wrekin Dementia Alliance Local Dementia Action Alliances bring together organisations, businesses and individuals committed to improving the lives of people affected by dementia.
Contact	Mary Latter marylatter@live.co.uk
Find out more	DAA Dementia Action Alliance



Foodbank Partners	Shrewsbury Food Hub
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lois@shrewsburyfoodhub.org.uk

Shrewsbury Foodbank (Barnabus Community Projects) karen.williams@barnabascommunityprojects.org

Whitchurch Foodbank

info@whitchurch.foodbank.org.uk

# **COMMUNITY DEFIBRILLATORS – SITES THAT HOST A UNIT**

Bicton Heath	Bicton Heath Shopping Centre, Welshpool Road, Bicton Heath, Shrewsbury, Shropshire, SY3 5AD
Church Stretton	Lion Meadow, High St, Church Stretton, Shropshire, SY6 6BX,
Radbrook Greet	Bank Farm Road, Radbrook, Shrewsbury, Shropshire, SY3 6DU
Wem	Morris Central Shopping Park, Wem, Shropshire, SY4 5NY

# **ADDITIONAL PARTNERS**

Community Heartbeat Trust (CHBT)	Working in partnership since 2013 with CHBT, the UK's leading provider of community Defibrillator Solutions, we've now had 38 defibrillator units installed across the country thanks to the support of our members, colleagues, and local communities.
Information	www.midcounties.coop/our-communities/saving-lives-with-defibrillators/

# **HELPFUL TO KNOW...**

Fundraising PLU 8607 Defibrillator PLU 201520

### **USEFUL CONTACTS**

Community Co-ordinator	Louise Brown louise.brown@midcountis.coop 07779 343740
General enquiries	yourcoop.community@midcounties.coop
Defibrillator Enquires	defibrillator@midcounties.coop or Community Heartbeat Trust email: office@communityheartbeat.org.uk telephone: 0330 124 3067. All checks and replenishment of consumables should go via WebNos
Regional Community Ambassadors	Alison Holmes   John Street   Daniel Farmer   Edwina McHugh