

Display Screen Equipment— Hand Held Devices

Work safely & avoid injuries by following the points below for every task

Always ensure that when using hand held devices:-

- Characters are sharp, easy to read and free from flicker.
- Comfortable to hold (accessories can be sourced for this purpose where necessary).
- Stylus made available for use if required.
- Where possible, for large amounts of inputting, position the device on a stable surface to avoid having to use both hands.
- Adopt a good posture, keep head up and shoulders back.
- Remain aware of your surroundings.
- Do not walk around whilst inputting data, remain stationary.
- Frequently change your work activity to avoid constant use of the device.
- Report any faults with the equipment immediately
- Ensure that when charging the equipment it is done so in an agreed safe location.
- Charging equipment must be compliant with manufacturers recommendations and subject to regular PAT testing.



For more information please visit <https://www.hse.gov.uk/msd/dse/>